







# First Responders Program at Clearbrook Massachusetts

Clearbrook Massachusetts is a leading inpatient treatment center that specializes in providing comprehensive care to first responders who are struggling with substance use and mental health disorders. The facility offers a safe and supportive environment for individuals who require intensive treatment and support to overcome their addiction and mental health issues. The program is designed to address the unique challenges faced by first responders, such as stress, trauma, and exposure to critical incidents. Clearbrook Massachusetts employs a multidisciplinary team of clinical professionals who work collaboratively to provide personalized care that addresses the individual needs of each client.

### Who We Treat

- First Responders
- Adults Struggling with Addiction
- Adults Struggling with Co-Occurring Disorders

### **Level Of Care**

### **SUD Medical Detox:**

- Full medical detox from drugs and alcohol
- 24/7 nursing staff
- Daily group therapy
- Weekly individual therapy

## **Treatment Modalities**

- Addiction and Wellness modalities
- Peer-supported Individualized treatment
- Group & Individual Therapy
- Case management
- Specialized housing
- Focused groups

### **SUD Residential Treatment:**

- 24/7 support staff
- Daily group therapy
- Weekly individual therapy
- Daily community support activities

# **Program Features**

- Chef Prepared Meals
- Biofeedback Bed Therapy
- Expressive Therapies
- Trauma Informed Care
- Spiritual & Holistic Services
- Case Management Services
- Family & Alumni Services
- Recreational Activities

### **MH Residential Treatment:**

- 24/7 support staff
- Treating mood, thought, and anxiety disorders
- Daily group therapy
- Weekly individual therapy

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Learn more at www.clearbrookmass.com For more information call (844) 4-BANYAN